

*Motivational  
Interviewing in  
General Practice –  
Effective Strategies  
for Change.*

**RACGP ACTIVITY NO.  
111280**

**Date:**

Saturday, June 30, 2018.

**Time:**

8:30am-5pm

Morning and afternoon tea and  
lunch will be provided.

**Venue:**

NSWIPP Premises  
123a Mitchell Street (Cnr Derwent)  
GLEBE NSW 2037  
(Enter via driveway gate in  
Derwent Street)

**Cost: (incl.GST)**

ASPM Member: \$330

Non-ASPM Member: \$375

**Contact:**

Anne Malecki

Email: [admin@aspm.org.au](mailto:admin@aspm.org.au)

Tel: 1300 888 606

*Dr Monica Moore, in association with ASPM,  
will be presenting a one-day workshop on  
Motivational Interviewing for GPs.*

Motivational Interviewing is a particular style of communication which is designed to elicit a person's own motivation for change. The research in a variety of settings has shown that it facilitates lifestyle change and treatment adherence.

GPs face a unique set of challenges relating to helping patients manage their own health. Training in the 'expert' model, time pressures, the involvement of multiple clinicians and services, and patient expectations of what constitutes medical treatment all contribute to the difficulties GPs experience in their work.

Dr Monica Moore is a GP with extensive experience in both General Practice and counselling. This workshop is designed to expand your knowledge of Motivational Interviewing skills and increase your confidence in integrating Motivational Interviewing into your work. It will help you to engage patients in discussions about their health, collaborate on goals, and deal with discord and patients who are stuck.

**Learning outcomes:**

- Demonstrate the interpersonal style and primary skills for evoking intrinsic motivation for healthy behaviour change.
- Learn how to integrate MI interventions in the context of the health consultation.
- Demonstrate the skills to manage ambivalence and discord in the consultation.
- Develop a personal plan for incorporating MI skills and strategies into their clinical practice.
- Document the behaviour changes discussed in the consultation, the patient's change talk and level of confidence to achieve this change, and how review will be undertaken.



REGISTRATION FORM – SYDNEY – 30 JUNE 2018

**Motivational Interviewing in General Practice –  
Effective Strategies for Change.**

RACGP Activity no: 111280

Date: Saturday June 30, 2018

Time: 9am-5pm (**please arrive 8:30am for registration**)

Cost: ASPM Members - \$330 (incl. GST)  
Non-ASPM Members - \$375 (incl. GST)

Venue: NSWIPP Premises  
123a Mitchell Street (Cnr Derwent)  
GLEBE NSW 2037

To register and pay online with your credit card please click on the link below or copy into your browser (no need to complete this form) (30c booking fee applies)

<https://www.trybooking.com/UMSE>

If you are paying by EFT or cheque, please complete and return this form to Anne Malecki. (details below)

Name:..... Mobile:.....

Email:..... RACGP/ACCRM no:.....

Dietary preferences:.....

Please select preferred method of payment:

**EFT** – please use your *SURNAME and date of workshop* as the identifier.

Account name: ASPM  
BSB: 082-204  
Account number: 58-786-2637

**Cheque** – payable to ASPM  
PO Box 3625  
WAREEMBA NSW 2046

**Enquiries:**

Anne Malecki

Email: [admin@aspm.org.au](mailto:admin@aspm.org.au) Tel: 1300 888 606

website: [www.aspm.org.au](http://www.aspm.org.au) / Fax: 02 9012 0546

**Cancellation Policy:** Refunds (less a \$50 admin fee) will be given for cancellations received in writing (letter or email) 10 days before the event. Unfortunately, no refunds can be given after this date.

We will contact you within 10 days of the event date on the rare occasion that we need to cancel an event due to unforeseen circumstances. You will be offered the following options:

1. A full refund of your paid registration fee.
2. Transfer of your registration into another equivalent event on our calendar.