



Christchurch Mood Disorders Workshop

This 2 day workshop follows on from similar workshops in 2016 and 2017 designed for Consultant Psychiatrists or Senior Psychiatric Registrars. We will extend knowledge and themes from the previous workshops while still providing a stand-alone educational package. We will examine all aspects of the clinical psychiatric management of mood disorders.

SESSIONS WILL INCLUDE:

- Acute and longer term management of depression focusing on treatment resistance
- Algorithms for treatment resistant depression and bipolar disorder
- Management of mania and mixed states and new diagnostic ideas regarding mixed mood states
- Long term management of Bipolar disorder
- Psychotherapies for depression and bipolar disorder
- Electroconvulsive therapy and newer neuro-stimulatory therapies – clinical indications and use
- Understanding the evidence from clinical trials in mood disorders
- Chronobiological treatment for mood disorders
- Hormonal issues in the management of mood disorders

The format will be interactive with smaller group discussions. Participants will be encouraged to bring cases for discussion in the group and to submit cases prior to the workshop so that we can select cases for the whole group to consider.

DATES

16th and 17th May 8.30 to 5pm both days

THE GEORGE HOTEL

Set across the road from Hagley park this is a perfect venue for a small group. Refresh your brain with a walk in the Park at lunch time.

ACCOMMODATION

We can advise on suitable accommodation close to the venue.

COST

\$1595 – includes morning and afternoon tea and lunch both days

FURTHER INFORMATION

Contact: judith.stone@otago.ac.nz

REGISTRATION

<https://christchurch-mood-disorders.eventbrite.com>

Convenors

PROFESSOR GIN S. MALHI

Professor Malhi holds a chair in psychiatry in the Faculty of Medicine at the University of Sydney. He is Head of the Department at Royal North Shore Hospital and is Director of the CADE Clinic and an Associate Director of the Kolling Institute.

He has been a Chief Investigator on National Health Medical Research Council (NHMRC) Program Grants for more than a decade and has published more than 400 papers. He was Editor-in-Chief of *Acta*

Neuropsychiatrica (2006-2010) and is now Editor of the *Australian and New Zealand Journal of Psychiatry*. He is Deputy Editor of *Bipolar Disorders* and *British Journal of Psychiatry Open*. He is a Fellow of the Royal College of Psychiatrists (UK) and the Royal Australian and New Zealand College of Psychiatrists (RANZCP) and was awarded the RANZCP Senior Academic Researcher Prize in 2013, the RANZCP College Citation in 2015 and the Mogens Schou award for Education and Teaching at the International Society for Bipolar Disorders (ISBD) in 2015.



PROFESSOR RICHARD J. PORTER

Richard Porter is Professor and Head of Department in the Department of Psychological Medicine, University of Otago, Christchurch. He is also a Consultant Psychiatrist in a service for adults with intellectual disability. He also works in an ECT service and sees many patients with treatment resistant mood disorder.

He trained in psychiatry mainly in Newcastle-Upon-Tyne where his clinical training focussed on the treatment of resistant mood disorders. Recently his research has focused on neuropsychological impairment in depression and bipolar disorder and the relevance of this to treatment. He has published over 100 scientific papers in these areas. He was a Member of the RANZCP Psych Mood Disorders Guidelines Group and is Deputy Editor of ANZJP.



PROFESSOR ROGER T. MULDER

Professor Mulder's academic interests include personality disorders, mood disorders, genetics, neurobiology, suicide, substance abuse, and early psychosis. He has published over 200 articles and book chapters. He is Editor of the journal *Personality and Mental Health*, Associate Editor of the *Australian and New Zealand Journal of Psychiatry*

and the *New Zealand Medical Journal* and serves on several editorial boards. He is Vice president of the International Society for the Study of Personality Disorders, Co-chair of the World Psychiatric Association Section on Personality Disorders and a member of the ICD 11 Committee for Classification of Personality Disorders.

